

be rolled up in a clean towel, and rapidly and with a hot iron smoothed out while very damp.

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THE Nurses of Addenbrooke's Hospital are rejoicing at the prospect of separate and "real" bedrooms. The cubicle system has many minor and some grave drawbacks, chief among which is the deficiency of ventilation. With regard to the bedroom accommodation of Nurses in Hospitals, it is a noticeable fact that they have not the advantages shared by the inhabitants of common lodging houses, seeing that the model bye-laws of the Local Government Board enact that no bed in a common lodging house shall be used till it has been vacated for eight hours by the previous occupant.

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It is perfectly well known that in many even of our leading Hospitals the night Nurses, on leaving duty in the mornings occupy beds warm, so to speak, from the day Nurse occupant; while in private nursing, where two Nurses are engaged, it rarely enters into the intelligence of the head of the household that separate beds, even if placed in the same room, should invariably be provided for the day and night Nurses. The want of fresh air and hygienic airing of room and beds plays a very important part in the production of the low standard of health amongst Nurses both in Hospital and private work.

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NURSES will certainly soon be busy in Cambridge if influenza continues to spread in the way it has begun. Already fifty men belonging to Jesus College have been attacked with it, and other Colleges are beginning to suffer seriously.

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There should be a Private Hospital started for the benefit of sick undergraduates. In the lodging houses, which in Cambridge are of a most unsatisfactory character, the discomforts are trying to the strong and healthy, and to the sick intolerable. And for the students who "keep"—that is to say lodge—in the Colleges themselves, the condition of things is not much better. A large percentage of the College bedrooms have no fireplaces, so that in the cold weather the sick undergrads must either suffer severely from the cold in their bedrooms, or else have their beds moved into the sitting-rooms, which is a plan inconvenient both for Nurse and patient.

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Two ice carnivals have been recently held at Cambridge, and the fancy dresses have been specially novel and attractive. A costume representing a Hospital Nurse in full uniform, with cap and apron and black gown, with the regulation collar and cuffs, was admirably worn

by a girlish-looking undergraduate, whose modest deportment was quite in keeping with the character he assumed. Some of the crowd on the banks were somewhat confused as to whether he intended to pose as a "nuss" or a 'ousemaid, and indeed their confusion is hardly to be wondered at, since so many of our maids of brush and broom take great pains to imitate the Hospital Nurse—some of the ambitious ones going even further, and aiming at a likeness to a Sister and Matron. The undergrad in question was very *bonâ fide*, as he borrowed the entire costume from a cousin who is a Night "Super" in one of our large Hospitals; the only alteration necessary being a somewhat elaborate "letting out" at the waist.

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THE position of the oyster has been vindicated, and he is now sailing under prophylactic and philanthropist colours. His sway had been tottering, his reputation had been undermined, and he had been declared as a potent cause of typhoid. But several enterprising fishmongers have put their wise heads together to counteract the deficit in their sales' books, with the result that large placards have been appearing in several West-end shops, setting forth:—"Oysters are a grand Preventive of Influenza"! So between two stools one has to choose. Whether shall we, by eating oysters, run the risk of typhoid, and escape the risk of influenza, or by abstaining from oysters, escape the danger of typhoid, with the certainty of influenza? The fishmongers no doubt have an answer to the problem!

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ON Saturday last a pleasing ceremony took place in the National Children's Hospital, Dublin, on the occasion of the presentation of an address and valuable pocket case of instruments to Staff Sister Marian La Fontaine, on her retirement from the Hospital, where she had acted as Staff Sister for the past four years, to commence the study of the medical profession—a lady friend having come forward and guaranteed the entire amount of fees and expenses until Miss La Fontaine is fully qualified. The chair was occupied by Major-General Moncrieff, General Commanding Dublin District; Mr. L. Hepenstal-Ormsby, F.R.C.S., the founder of the Order, read the address, and said that Sister Marian La Fontaine was one of the many able and efficient workers who had entered the ranks of the Dublin Red Cross Order of Nursing Sisters, and on leaving carried with her the respect and regard of everyone with whom she had come in contact, and they one and all wished her the greatest happiness and prosperity in the profession she was about to enter.

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